

KEY QUESTIONS FOR YOUR DOCTOR, PHARMACIST OR NURSE ABOUT YOUR MEDICINES:

- What are the brand and generic names of my medicines?  
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- What does my medicine look like?  
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- What am I taking my medicine for?  
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- How much of my medicine should I take, and how often should I take it (daily, twice a day, three times a day, etc.)?  
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- What time of the day should I take this medicine (morning, noon, evening, bedtime)?  
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- Should I take my medicine with meals or on an empty stomach?  
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- Do I need to avoid dairy products or fruit juices while taking this medicine?  
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- How long will I need to take this medicine?  
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- If I start to feel better can I stop or take less of the medication?  
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- What are the side effects of this medicine, and what should I do if they happen?  
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- What should I do if I miss a dose?  
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- Does this medicine interact with my other medicines (herbals, vitamins, etc.) or with food?  
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- Does this medicine replace anything else I am taking?  
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- Where and how do I store my medicine?  
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- What should I do with any left over medicine?  
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TIP

Take these questions to your doctor and/or pharmacist. Write the answers down on a piece of paper and make sure you understand all of the answers. Do not be afraid to ask them to repeat any information that you do not fully understand.